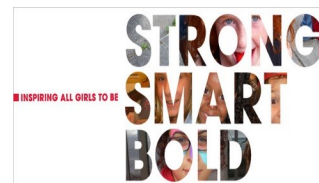




Girls Incorporated of Upper Canada

Annual Report 2013



Girls Incorporated of Upper Canada is committed to advocacy for all girls, through public education, program development, research, publications, community events, and media relations. We recognize our responsibility to address publicly the social issues that seriously affect girls' lives.

Girls Inc. programming puts the tools for empowerment in girls' hands and encourages them to take healthy risks and master physical, intellectual, and emotional challenges. Support systems, such as Girls Inc., reinforce girls' ability to believe in themselves and embrace their



The Girls Inc. Experience

There are six essential elements to the Girls Inc. experience. Together they provide a holistic approach that is grounded in a belief in girls' rights and abilities. At different ages, one element may be more dominant for that moment of time, however, that element is always supported and enhanced by other elements.

Highlights of 2013– 2014

- ⇒ 1501 girls participated in programs and workshops.
- ⇒ Valued employee Michelle Watts left in June for employment in Ottawa after 4 years with Girls Inc. She remained as a resource past her departure.
- ⇒ Received youth internship grant from 1000 Islands Community Futures Development Corporation to employ public relations intern, Brina Whitley for 8 months.
- ⇒ Executive Director and Program Facilitator commenced maternity leaves in August and October respectively.
- ⇒ In school programs continued with consistent number of program hours throughout Leeds and Grenville with less staff. Reconnected with Lyndhurst/Portland areas.
- ⇒ Summer Camps -10 communities and March break camps -8 communities were successful.
- ⇒ Participated in two new community events - Christmas parade, Festival of Trees
- ⇒ Trillium grant of \$70,000 over 2 years announced to hire fund development project manager, purchase 2 laptops and upgrade data base.



How can you help?

In partnership with the Leeds-Grenville community, Girls Inc. is addressing critical issues, including peer pressure, violence prevention, media literacy, bullying and healthy relationships. Programs and workshops build self-esteem, encourage critical thinking skills and empower girls to believe in themselves and their abilities.

If you would like to support Girls Inc. in our mission of inspiring all girls to be smart, strong, & bold, please consider some of these ways. We look forward to your support so that we can continue our success in offering programs in your community.

- ◇ Donate
- ◇ Volunteer
- ◇ Sponsor
- ◇ Join a committee
- ◇ Advocate for girl's and women's issues
- ◇ Like us on Facebook



Annual Report 2014

School and Community Partners

School based programs and workshops were offered in 18 elementary schools and three high schools throughout Leeds & Grenville. We have also partnered with 16 community groups and/or spaces to deliver our programming as effectively and efficiently as possible. We are so appreciative for all of the support we receive from our school and community partners.

Girls Incorporated of Upper Canada
1809 Oxford Ave., Suite 308,
Box 791, Brockville, ON K6V 5W1
www.girlsinc-uppercanada.org
info@uppercanada.girls-inc.org
p. 613.345.3295 f. 613.342.8684

Board Members

JoAnne Sytsma
Chair

Lisa Bell

Suzanne Guild

Kristen Turvey

Jill Andress

Elizabeth Green

Mezaun Hodge

Lori Kidd-Velkova

Joy Sterritt

Shawn Lehman

Suzanne Dodge